Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

1. (Previously Presented) A focus assembly for a luminaire, comprising:

a socket, having one or more wires extending therefrom, for receiving a lamp;

a mounting cup for securing the socket to the luminaire;

a socket focusing mechanism for axially translating the mounting cup relative to a stationary reflector; and

a wire guide tab, extending from the mounting cup in a direction comprising one or more directional components, wherein a directional component of the one or more directional components is directed generally radially outward from the axis of translation of the mounting cup;

wherein at least a portion of each of the one or more wires is positioned relative to the wire guide tab so that the one or more wires are shielded from the socket focusing mechanism during the axial translation of the mounting cup.

2. (Previously Presented) The focus assembly of claim 1, further comprising a wire guide wall, arranged at least partially in the mounting cup, for anchoring the one or more wires to the mounting cup.

3. (Original) The focus assembly of claim 1, wherein the focusing mechanism further comprises:

a mounting cup receptacle;

a cam arranged on one of the mounting cup and the mounting cup receptacle; and

a cam follower, arranged on the other of the mounting cup and the mounting cup receptacle, for engaging the cam.

4. (Original) The focus assembly of claim 2, wherein the focusing mechanism further comprises:

a mounting cup receptacle;

a cam arranged on one of the mounting cup and the mounting cup receptacle; and

a cam follower, arranged on the other of the mounting cup and the mounting cup receptacle, for engaging the cam.

5. (Original) The focus assembly of claim 3, wherein the cam comprises a helical slot arranged in a side wall of said one of the mounting cup and the mounting cup receptacle.

6. (Original) The focus assembly of claim 5, wherein the cam follower comprises a helical protuberance extending from a side wall of the other of the mounting cup and the mounting cup receptacle.

7. (Original) The focus assembly of claim 4, wherein the cam comprises a helical slot arranged in a side wall of said one of the mounting cup and the mounting cup receptacle.

8. (Original) The focus assembly of claim 7, wherein the cam follower comprises a helical protuberance extending from a side wall of the other of the mounting cup and the mounting cup receptacle.

9. (Original) The focus assembly of claim 5, wherein the helical slot further comprises at least one notch for releaseably locking the cam follower in the slot.

10. (Original) The focus assembly of claim 9, further comprising a spring for urging the cam follower into the notch.

11. (Previously Presented) A focus assembly for a luminaire, comprising:

a socket, having one or more wires extending therefrom, for receiving a lamp;

a mounting cup for securing the socket;

a focusing mechanism for axially translating the mounting cup relative to a stationary reflector; and

a wire guide wall, arranged at least partially in the mounting cup, for anchoring the one or more wires to the mounting cup;

wherein the one or more wires are sandwiched between an inside surface of the wire guide wall and an outside surface of the socket.

Claims 12-21. (Canceled).

22. (Original) A focusable track lighting system, comprising:

a track;

a luminaire for connecting to the track, said luminaire including:

a lamp;

a socket for receiving one end of the lamp; and

a reflector having a hole for receiving another end of the lamp;

a focusing mechanism for axially translating the lamp and socket relative to the reflector; and

a helical spring extending between the reflector and the socket;

said helical spring having at least a portion with a closed pitch for blocking light from the lamp.

23. (Original) The focusable track lighting system recited in claim 22, wherein said lamp is ceramic metal halide lamp and said reflector is nonspecular.

24. (Previously Presented) The focus assembly of claim 1 wherein another directional component of the one or more directional components is directed axially away from the socket focusing mechanism.

25. (Previously Presented) The focus assembly of claim 1 further comprising a wire guide wall arranged at least partially in the mounting cup so that the one or more wires are sandwiched between an inside surface of the wire guide wall and an outside surface of the socket.

26. (Previously Presented) The focus assembly of claim 25 wherein the sandwiching of the one or more wires between the inside surface of the wire guide wall and the outside surface of the socket generally resists relative rotation between the mounting cup and the socket.

27. (Previously Presented) The focus assembly of claim 11 wherein the sandwiching of the one or more wires between the inside surface of the wire guide wall and the outside surface of the socket generally resists relative rotation between the mounting cup and the socket.

28. (Previously Presented) The focus assembly of claim 27 further comprising a wire guide tab, extending from the mounting cup in a direction comprising one or more directional components, wherein a directional component of the one or more directional components is directed generally radially outward from the axis of translation of the mounting cup;

wherein at least a portion of each of the one or more wires is positioned relative to the wire guide tab so that the one or more wires are shielded from the focusing mechanism during the axial translation of the mounting cup.

29. (Previously Presented) The focus assembly of claim 28 wherein another directional component of the one or more directional components is directed axially away from the focusing mechanism.

30. (Previously Presented) The focus assembly of claim 12 wherein another directional component of the one or more directional components is directed axially away from the means for axially translating.

31. (Previously Presented) The focus assembly of claim 30 further comprising means for generally resisting relative rotation between the means for securing and the means for receiving.

32. (Previously Presented) A focus assembly for a luminaire, comprising:

a socket, having one or more wires extending therefrom, for receiving a lamp;

a mounting cup for securing the socket to the luminaire;

a socket focusing mechanism for axially translating the mounting cup relative to a stationary reflector; and

a wire guide tab, extending from the mounting cup in a direction comprising one or more directional components, wherein a directional component of the one or more directional components is directed generally radially outward from the axis of translation of the mounting cup;

wherein at least a portion of each of the one or more wires is positioned relative to the wire guide tab so that the one or more wires are shielded from the socket focusing mechanism during the axial translation of the mounting cup;

wherein another directional component of the one or more directional components is directed axially away from the socket focusing mechanism; and

wherein the focus assembly further comprises:

a wire guide wall arranged at least partially in the mounting cup so that the one or more wires are sandwiched between an inside surface of the wire guide wall and an outside surface of the socket;

wherein the sandwiching of the one or more wires between the inside surface of the wire guide wall and the outside surface of the socket generally resists relative rotation between the mounting cup and the socket.

33. (Previously Presented) A lighting system, comprising:

a lamp;

a socket for receiving one end of the lamp;

a reflector having a hole for receiving another end of the lamp; and

a helical spring extending between the reflector and the socket;

said helical spring having at least a portion with a closed pitch for blocking light from the lamp.

34. (Canceled).

35. (Previously Presented) A focus assembly for a luminaire comprising a reflector, the focus assembly comprising:

means for receiving a lamp, the means for receiving having one or more wires extending therefrom;

means for securing the means for receiving to the luminaire;

means for axially translating the means for securing relative to the reflector;

means for anchoring the one or more wires to the means for securing;

means for generally resisting relative rotation between the means for securing and the means for receiving; and

means, extending from the means for securing in a direction comprising one or more directional components, for shielding the one or more wires from the means for axially translating during translation of the means for securing;

wherein a directional component of the one or more directional components is directed generally radially outward from the axis of translation of the means for securing; and

wherein another directional component of the one or more directional components is directed axially away from the means for axially translating.

Claims 36-38. (Canceled).

39. (New) A focus assembly for a luminaire, comprising:

means for receiving a lamp, the lamp receiving means having a wire extending therefrom;

means for securing the lamp receiving means to the luminaire;

means for translating the securing means axially relative to a stationary reflector, the translating means comprising:

a mounting cup receptacle;

a cam arranged on the securing means; and

means for engaging the cam arranged on the mounting cup receptacle; and

means for shielding the wire from the translating means during translation of the securing means, wherein the wire shielding means extends from the securing means in a direction having at least one directional component that is generally radially outward from the axis of translation of the securing means.

40. (New) The focus assembly of claim 39 wherein the cam comprises a helical slot arranged in a side wall of the securing means.

41. (New) The focus assembly of claim 40 wherein the cam engaging means comprises a helical protuberance extending from a side wall of the mounting cup receptacle.

42. (New) The focus assembly of claim 40 wherein the helical slot comprises means for locking the cam engaging means releaseably in the slot.

43. (New) The focus assembly of claim 42 further comprising means for urging the cam engaging means into the locking means.

44. (New) The focus assembly of claim 39 further comprising means for anchoring the wire to the securing means, wherein the anchoring means is arranged at least partially in the securing means.

45. (New) A focus assembly for a luminaire, comprising:

means for receiving a lamp, the lamp receiving means having a wire extending therefrom;

means for securing the lamp receiving means to the luminaire;

means for translating the securing means axially relative to a stationary reflector, the translating means comprising:

a mounting cup receptacle;

a cam arranged on the mounting cup receptacle; and

means for engaging the cam arranged on the securing means; and

means for shielding the wire from the translating means during translation of the securing means, wherein the wire shielding means extends from the securing means in a direction having at least one directional component that is generally radially outward from the axis of translation of the securing means.

46. (New) The focus assembly of claim 45 wherein the cam comprises a helical slot arranged in a side wall of the mounting cup receptacle.

47. (New) The focus assembly of claim 46 wherein the cam engaging means comprises a helical protuberance extending from a side wall of the securing means.

48. (New) The focus assembly of claim 45 wherein the helical slot comprises means for locking the cam engaging means releaseably in the slot.

49. (New) The focus assembly of claim 48 further comprising means for urging the cam engaging means into the locking means.

50. (New) The focus assembly of claim 45 further comprising means for anchoring the wire to the securing means, wherein the anchoring means is arranged at least partially in the securing means.

51. (New) A focus assembly for a luminaire, comprising:

means for receiving a lamp, the lamp receiving means having a wire extending therefrom;

means for securing the lamp receiving means to the luminaire;

means for translating the securing means axially relative to a reflector;

means for resisting relative rotation between the securing means and the lamp receiving means; and

means for shielding the wire from the translating means during translation of the securing means.

52. (New) A method of assembling a luminaire comprising a reflector, the method comprising:

providing a socket having a wire extending therefrom;

securing the socket at least partially inside a mounting cup such that the mounting cup and socket are axially translatable relative to the reflector but not rotatable relative to each other;

anchoring the wire to the mounting cup such that the wire is shielded from contact during axial translation of the mounting cup relative to the reflector; and

installing a lamp in the socket.

53. (New) A method of focusing a luminaire comprising a reflector, the method comprising:

providing a luminaire comprising:

a mounting cup;

a socket arranged at least partially inside the mounting cup such that the mounting cup and socket are axially translatable relative to the reflector but not rotatable relative to each other;

a wire extending from the socket and anchored to the mounting cup;

a wire guide tab configured to shield the wire from contact during axial translation of the mounting cup and socket relative to the reflector; and

a lamp installed in the socket; and

axially translating the mounting cup and socket relative to the reflector by rotating the mounting cup and socket relative to the reflector.